**ON THE TEST WILL BE... 1) body systems + tissues 2) nutrients 3) digestion 4) excretion**

* **You have powerpoint notes and workbooks for each of these as well as your textbook for reference to help you study**

1. overview of all body systems/main functions of each organ system
2. know about how cells make up tissues, tissues make up organs, and organs make up organ systems which make up an organism
3. 4 types of tissues: know names and functions
4. Nutrition: know all the nutrients that we need ie) vitamins, and minerals, carbs, fats, proteins etc.
5. know how and where we can get these vitamins and minerals
6. know what you need to have a healthy diet
7. know about complex and simple carbs, unsaturated and saturated fats, fat soluble and water soluble vitamins
8. Know main jobs of all the different types of nutrients ie) proteins, carbs, vitamins etc.
9. Know all about the digestive system: from start to finish in full detail, be able to label a digestive system, know all main organs and structures to the digestive system and their functions.
10. 4 main steps to digestion
11. Know the role of bacteria in our digestive system- ie what they do in the large intestine…
12. Key terms/enzymes and definitions ie) bolus, chyme, amylase, pepsin, peristalsis etc... there are a lot more
13. be able to label a urinary system, know all the main structures and their main functions
14. main functions of the urinary system
15. Know the order of structures that urine passes through; How much urine can the urinary bladder hold and what stuff is in urine
16. Know the function of the nephron